

# PSHE education and bullying- guidance for parents at Cavendish Close Infant and Nursery school

**So what is bullying?** Children will have rows, friends will 'fall-out', have arguments or 'bust ups' and sometimes friendships end. Children may get angry with one another and occasionally this may turn into verbal rows or even physical fights. **THIS IS NOT BULLYING.**



## Bullying

**Government definition;**  
'behaviour by an individual or group, repeated over time, that intentionally hurts another individual or group either physically or

In our school we teach the children to be aware of what bullying is through our PSHE (Personal, Social, Health and Economics) education. Our children will learn;

- To share feelings
- Similarities and differences
- Respect of others
- Consequences of our actions
- Bullying is always unacceptable
- Where to get help and who to talk to

Whilst children can sometimes be thoughtless or cruel the vast majority of children are naturally kind. If a child falls over in the playground other children will naturally rush to help them. They need the skills and strategies to turn this kindness into practical caring and support for others who are being bullied. Learning these skills is at the heart of PSHE education.

Bullying can take many forms;

- Physical
- Emotional
- Verbal
- Racist
- Religious
- Sexual
- Homophobic
- Cyber

Thank you to the PSHE Association for the above information. See [www.pshe-association.org.uk](http://www.pshe-association.org.uk) for further guidance.

Our school policy on bullying can be found on the schools website <http://cavclosei.derby.sch.uk>