

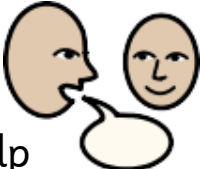








To stay **SAFE** online and on my devices,

1. I only **USE** devices or apps, sites, or games if a trusted adult says so 
2. I **ASK** for help if I'm stuck or not sure 
3. I **TELL** a trusted adult if I'm upset, worried, scared or confused
4. If I get a **FUNNY FEELING** in my tummy, I talk to an adult 
5. I look out for my **FRIENDS** and tell someone if they need help
6. I **KNOW** people online aren't always who they say they are 
7. Anything I do online can be shared and might stay online **FOREVER** 
8. I don't keep **SECRETS** or do **DARES AND CHALLENGES** just because someone tells me I have to 
9. I don't change **CLOTHES** or get undressed in front of a camera 
10. I always check with a trusted adult before **SHARING** personal information 
11. I am **KIND** and polite to everyone online and offline 

At school

At home